



WORKSHOP

“EMOTION-FOCUSED COUPLES THERAPY”

FEBRUARY 5-9, 2012

Sevim Nadir

Sunday February 5, 2012

E.F.T - I

K.B.NO- 1394

T- 29

Course Title	Lecturer	Duration
Introduction EFT-C	Leslie S. GREENBERG	90'
The steps of EFT	Leslie S. GREENBERG	90'
Steps of EFT continued	Leslie S. GREENBERG	90'
Forgiveness and Letting go	Leslie S. GREENBERG	90'

Monday February 6, 2012

Course Title	Lecturer	Duration
Overview of the couples approach	Leslie S. GREENBERG	90'
First sessions: Forming the alliance and identifying core issues	Leslie S. GREENBERG	90'
Skill training and practice in empathic joining	Leslie S. GREENBERG	90'
Discussion	Leslie S. GREENBERG	90'

Tuesday February 7, 2012

Course Title	Lecturer	Duration
Identifying maladaptive cycles	Leslie S. GREENBERG	90'
Video demonstrations, Skill training and practice	Leslie S. GREENBERG	90'
Identity and dominance related cycles	Leslie S. GREENBERG	90'
Skill training and practice, Discussion	Leslie S. GREENBERG	90'

Wednesday February 8, 2012

Course Title	Lecturer	Duration
Accessing underlying emotions	Leslie S. GREENBERG	90'
Skill training and practice	Leslie S. GREENBERG	90'
Restructuring the interaction and the bond	Leslie S. GREENBERG	90'
Skill training and practice	Leslie S. GREENBERG	90'

Thursday February 9, 2012

Course Title	Lecturer	Duration
Culture and Emotion	Leslie S. GREENBERG	90'
Self soothing	Leslie S. GREENBERG	90'
Dealing with Blocks	Leslie S. GREENBERG	90'
Video demonstrations	Leslie S. GREENBERG	90'
	Total Time:	1800' (30 Hours)

Leslie S. GREENBERG, Ph.D.
York University, CANADA
Full Professor of Psychology

Tahir ÖZAKKAŞ MD, Ph.D.
Psychotherapy Institute TURKEY
President